G. R. S. IX-5]

Previous references.

1896 – 97

191 .

(pandy)

Later references.

File No. 1 – 1896.

Serial Nos. 1 – 10

30

GENERAL AND REVENUE SECRETARIAT.

Serial Nos. 1 – 10

Major **Part B for** Aug

SUBJECT.

Adoption in the Mysore jails the Arch Scale now in force at Madras.

Communicated

Indexed
HS.

W D 88—GPB—50,000—24-1-16

(1)

Memo (4)

The papers sent up by the Inspector General of Prisons as per requisition asked to change in the following items of diet:-

(1) Meat - to be 4 oz without bone instead of 4 oz with bone.
to be given to female Prs also one day in the week, instead of Gyee to be replaced by 8 drams of ghee with other articles which have cooling properties.

(2) Rice - to be given twice a week instead of three times

(3) Dal - to be given 3 oz & 2 oz alternately instead of 4 & 2 oz

(4) Vegetables - to be 6 oz instead of 8 oz,

and finally to the adoption of the Central Jail diet table in the Jails at Mysore & Shimoga which had different scales.

As regards comparing the Mysore diet scale with that of Madras, Mr Sparkes says that the two scales are at present extremely difficult to compare owing to there being four different termed prisoners. In Madras, the laboring & non-laboring convicts are divided each into two classes, viz those of 12 months' term & upwards (called Central Jail convicts) and those of less than 12 months (called District Jail convicts); while in Mysore the laboring convicts are divided into three classes viz (1) those sentenced to 6 months & under, (2) those with terms of 6 months to 2 yrs and (3) those with terms of more than 2 years and as regards non-laborers no distinction is made with reference to their terms of imprt. - The Central Jail at Bangalore is a District Jail as well as a central Jail.

The following comparison will show in what respects the two scales differ.

Item of Diet.	Madras Rule.	Mysore Rule (as per p. LXXXV "Standard Diet")	Remarks.
Raji (Cholam or Cumbu) flour.	25 oz. to all laboring convicts — in the case of those in the Central Jail, 12 oz. of rice being substituted for a portion, viz. 11 oz. of the raji flour, on 2 days in the week. 21 oz. to all non-laborers (including undertrials) no rice substitutes allowed to them on any day.	26 oz. to those with terms of more than 2 years viz. light. — 12 oz of rice being substituted for 13 oz. of Raji on 2 days in the week 24 oz. to all other laboring convicts — 12 oz. of rice being substituted for 12 oz. of raji on 2 days in the week. 20 oz. to all non-laborers — rice 20 oz., being allowed in lieu of the 20 oz. of Raji on one day in the week.	Mysore scale more by one oz. Do less by one oz Do Do. While Madras allows rice as a substitute & for the sake of change in the case of prs with terms of one year & more, only allows it to all Prisoners Dr. Benson, as Supt. Mysore Jail, in his letter dated 22 Feb 1895 states that a change in diet is very essential for the maintenance of health and that the savg (by giving up rice) "that could be effected (probably at the cost of health) would be inappreciable"
Rice.	See remarks above	—	—
Dal.	4 oz. to all prisoners laboring or non-laboring, excepting on meat day on which day 2 oz is allowed.	3 oz on 4 days & 2 oz on 3 days } to Prs of more than 6 months term 3 oz on 6 days & 2 oz on 1 day } to Do - of 6 months & under 2 oz on all days - to non-laborers.	Mysore scale is less.
Meat without bone.	5 oz to all laboring convicts on one day in the week 4 oz to all non laborers on Do (2½ & 2 oz. of salt fish is considered as equivalent of the above).	5 oz on 3 days - to Prs of more than 2 years term 4 oz on 3 days - to Prs with terms between 2 years & 6 months 5 oz on 1 day — to Do 6 months & under 4 oz on 1 day to non laborers	Mysore scale is more " same as in Madras
Ghee.	Nil	8 oz on 3 days - to only Prs of more than 2 years sent.	This was done away with in the case of others in Mysore. Dr. Shortt considers that from health point of view ghee is scarcely necessary if not positively injurious

	Madras Rule.	Mysore Rule	Remarks.
Gingelly oil. (or cocoanut oil in Madras).	½ oz to all Prisoners labouring or non-labouring on all days.	¼ oz to Pns of more than 6 mths exist on all days but Sunday ⅜ oz to Ds on Sunday. ⅛ oz to Pns of 6 mths & under & all non labourers.	Mysore scale is less
Ghee.	nil	¼ oz to Pns of more than 6 mths exist on 3 days. nil - to others. 8 drs. in lieu of meat or meat to persons not eating meat.	more
Tamarind.	½ oz to all Pns on all days.	½ oz to all Pns on all days.	Same in both
Salt.	1 oz to all Pns on all days.	¾ oz to Pns of more than 6 mths term ⅝ oz to Ds of 6 mths & under & non-labourers.	less in Mysore
Curry powder	½ oz to Do Do	⅜ oz to Pns of more than 6 mths term 5/16 oz to Ds of 6 mths & under & non labourers.	Do
Onions.	½ oz to Do Do	½ oz to all Pns labouring & non labouring.	Same in both
Garlic	30 grs to all on meat days only.	30 grs to Pns of more than 6 mths terms on all days. 15 grs to Ds of 6 mths & under & to non-labourers - on all days.	more in Mysore
Vegetables.	6 oz to all Pns on all days.	6 oz to all Pns on all days.	Same in both

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The Madras Diet List of which copy has been sent by the Inspector Genl of Prisons contains no separate provision for juvenile prisoners i.e. Pns from 7 to 16 years of age. The Mysore Table contains a scale for them. The amount of the main items of Rice & Dall allowed for juveniles of 14 years & upwards is the same as that allowed for adults under simple imprt, for women & under trial Pns viz., 20 oz & 2 oz respectively. Those under 14 years of age get 4 oz of Rice less. The amount of oil, tamarind, salt, garlic & vegetables allowed for juveniles is slightly less than what is allowed for men of simple imprt women & under trial Pns.

but

at the Juveniles get meat on 2 days and
fish on 2 days while the others receive
get meat on one day & no fish.
Madras scale for Juveniles has
to be ascertained before the Madras
ietary as a whole is adopted.

The Madras scale contains no
substitute for meat & salt fish while
the Mysore scale allows fish & extra
dall to persons who cannot eat meat.
ther is no doubt a defect in the
adras scale & if the latter is to be
dopted we have to obtain the Surgeon
urgeon's opinion as to how he would
eet the case of Prs who have religious
scruples to eat meat.

The Madras scale makes no
rovision for change of diet considered
very necessary by Dr. Benson in 1895 –
the case of Prs of less than one year
up & non laboring convicts. The attention
the Insp.-Genl of Prisons may be invited
that opinion & his ~~definite~~ present opinion
the point called for.

The maximum rations considered
by framers of the Jamaica Code as suffic
for the maintenance of the health & strength
of adult able bodied working men &
women and of children between 7 & 12 yrs
of age able to work are :–

	Adult Males oz.	Adult Females oz.	Working children oz.
Rice, flour or cleaned guinea	24	20	18
Dal or pulse.	4	4	3
Salt	½	½	⅜
Ghee or oil	1	1	¾
Condiments & vegetables	1	1	¾

Sub-Genl for orders.

1864
We may convey
sanction to
proposed provisional
dietaries for one
year only &
a report being
thereon to be called
for in 1865.

13/7/97

Sulled to Genl
13/7/97

Genl. agreed
14/7/97.

13/7/97

(5)

Proceedings of the Govt of Mysore

Read—

Letter No 768/9 dated the 5th May 1897 from the Inspector Genl of Prisons in Mysore recommending the adoption in the Mysore Jails of the dietary in force in the Madras Jails

(Here print—
(1) the above letter in Gaterus & its enclosures, viz.
(2) Letter No 1090 & 25-3-97 from the Supt Central Jail & Inspt Genl of Prisons.
(3) Madras dietary
(4) Comparative Statement)

Order.

The Madras scale, of which a copy has been submitted, relates to adult prisoners. It is presumed that in regard to juvenile prisoners, whose number is small, it is the desire of the Inspector General of Prisons to continue the existing scale of diet.

It is observed that while, under the present rules, prisoners who, on religious grounds, cannot eat meat are allowed, in lieu

lieu of meat, an extra ration of dall and ghee on meat days, the copy of the Madras scale referred to contains no similar provision: The Inspector General of Prisons is requested to give this matter his consideration and suggest a suitable substitute for meat for the class of prisoners referred to if the Madras Rules are silent on the point.

Under the existing rules all prisoners are allowed a ration of rice in lieu of a portion of the daily rice allowance — on two days in the week in the case of labouring convicts, and on one day in the week in the case of non-labouring convicts; but under the Madras scale no change of this kind is allowed to convicts whose terms of imprisonment are less than twelve months except to under-trial prisoners. The attention of Dr Cornish is invited to the opinion expressed by him as Superintendent Mysore Jail in the letter No 494 dated 22nd February 1895 addressed

to the Inspector General of Prisons as to the importance of a change in diet for the maintenance of health; and if on further consideration he is of the same opinion, he may introduce such change as seems necessary in respect of prisoners who under the Madras scale do not get any allowance of rice, and report the same for the information of Government.

With these observations, sanction is accorded to the adoption in the Jails and lockups in Mysore, tentatively for one year, of the Madras diet scale referred to above, with effect from such date as may be fixed by the Inspector Genl of Prisons. The Superintendents & Medical Offrs in charge of jails & lock-ups will carefully watch the effect of the change on the prisoners and report their opinions to the Inspector Genl. of Prisons, who will be good enough to bring to Government, after such trial as may appear to him to be sufficient, a special report as to the effects of the change — whether the experiment has performed by him as to the nutritive and

6

adequacy of the diets and reduction of expenditure, have been fulfilled, or whether in any respect an alteration of the scale seemed to them to be called for.

Secretary.

To The Inspector Genl of Prisons in Mysore with the original correspondence received with his letter No 89/9 dated 30th July 1897.

17/8/97.

Compare in 1878 Rs 2650 and 1879 Rs 2850

Sealed 2-1 cl

Sent

Serial No (53) 1 The above file shows that C&M Prisoners are maintained in Jail at an annual fixed rate of Rs 17-8 per head for natives and Rs 175 for Europeans & Eurasians - there was no change of the date on which such rates were fixed - in addition to which extra allowances are made for the subsistence of C&M prisoners employed on extra mural labour. The Inspr Genl of Prisons in his letter No 89/9 dated 30th July 1897 has submitted the returns called for in the Resident's letter No 2-1 dated 7th January 1897 showing the expenditure incurred on the maintenance of C&M Prisoners during the years 1878 to 1896 and has explained the variations in the rates of expenditure. The Resident observes that the Inspr Genl has not given the information called for in the Resident's letter No 2-1 dated 7th January 1897 regarding the adequacy of the diets and reduction of expenditure, and whether in any respect an alteration of the scale seemed to them to be called for.

Secretary.

To The Inspector Genl of Prisons in Mysore with the original correspondence received with his letter No 89/9 dated 30th July 1897.

17/8/97.

deferred pending the result of such reference. A copy of the order proposed to be issued may be sent to the Resident for transmission

30/8 30/8/97

7048

If we are informed the Resident we may defer passing this section as amended.

We may send copy of the Govt's letter for info & say that the Govt are disposed to adopt the revised scale as recommended pending for an year & that if the Resident has no objection the revised scale with the adopted also in the

10

can q the e Mr Ma
pmcans —

Submit the
draft Ordinance for
approval upon visit

DM
30/5/97

Draft ready for publication
Sd/- the Dewan 4

1-9-97

Rec'd by
DL 1/9

(16)

To

The Inspector General of Prisons
in Mysore

Sir

With reference to your letter
No 768 dated the 5th May 1897
recommending the adoption in
the Jails in Mysore, of the dietary
in force in the Madras Jails, I
am directed to convey the
following observations.

The Madras scale of which
a copy has been submitted relates
apparently to adult prisoners. What
is proposed to be done in regard to
juvenile prisoners is not stated.

It is observed that while
under the present rules prisoners
who, on religious grounds, cannot
eat meat, are allowed, in lieu
of meat, an extra ration of
dall & ghee on meat days, the
copy of the Madras Scale referred
to contains no similar provision.
Whether or not there is provision
in the Madras Rules for an
occurring contingency of this
kind has to be ascertained,
and if there is none it is a question
for consideration whether a suitable

substitute for the class of Prisoners referred to should not be provided.

Under the existing rules all prisoners are allowed a ration of rice in lieu of a portion of the daily ragi allowance — on two days in the week in the case of labouring convicts, and on one day in the week in the case of non-labouring convicts, but under the Madras scale no change of this kind is allowed to convicts whose terms of imprisonment are less than twelve months and to under trial prisoners. Whether or not there should be a change in diet for the maintenance of health, should receive consideration with reference to the opinion expressed in letter No 494 dated 22nd February 1895 addressed by you as Superintendent of the Bijapur Jail to the Insp.r Gen.l of Prisons.

I am to request that complete proposals ~~may be~~ and information may be submitted for the consideration and orders of Government.

The file of correspondence received with your letter No 87 dated the 30th July 897 is herewith returned for reference and communication.

I have &c

Secretary

RR 6/8/97.

26-27-97

Bangalore Despatch

13

To

The First Assistant to the
Resident in Mysore
Bangalore

Sir,

I am directed to request that you will be so good as to place before the Resident the accompanying copy of letter No 768/J dated the 5th May 1897 from the Inspector General of Prisons in Mysore (and of its Colonies) recommending the adoption in the Jails in Mysore of the diet scales in force in the Madras Jails

I am to state that the Durbar are disposed to adopt the Madras Scale as recommended tentatively for one year, and that if the Resident has no objection, the same will be adopted also in the case of the

[illegible]

8156

Read the whole
Complete Copy
carefully
Sent the Jail
Manual
Sent it to Accountant
Sent all papers with
Copy of letter

Sealed & Delivered
17-12-97

Sealed & Delivered
2-9-97

[illegible]

[3]12[illegible]

Civil and Military Station Prisoners confined in the Central Jail, Bangalore.

A copy of the Table of diet for native Prisoners now in force in the Central Jail, Bangalore, is enclosed for reference. The copy of the Madras Scale furnished by the Inspector General of Prisons does not contain any provision for juvenile prisoners, but I am to add that the present opportunity will be taken to adopt in their case the diet scale which may be in force in Madras, it being the desire of the Durbar to adopt generally the Madras diet scales in respect of all classes of native prisoners.

I have &c

Secretary

WR 4/9

Memo

⊗ in file marked A

The Durbar, in their letter
No. 5⊗ dated 2nd June 1888.
to Resident in Mysore,
proposed that Rs 120 per
head of European and
East Indian prisoners and
Rs 84 per head of Native
prisoners might be regarded
as fixed rates without
refee to the actual cost
incurred, for the maintena
-ce of the C and M. Sta
-tion prisoners in the
Central jail at Bangalore.
This proposal was approved
of by the Resident and
his approval was com-
-municated to the Dur-
-bar in the Asst Resi-
-dent's letter No. 2405⊗/5167
dy. 13-7-88. Since then
the C and M. Station
prisoners continued to
be maintained in
Central jail, on
arrangement.

File marked A

January 1889.

Memo

⊗ in file marked A.

The Durbar, in their letter No. 5⊗ dated 2nd June 1888. to Resident in Mysore, proposed that Rs 120 per head of European and East Indian prisoners and Rs 84 per head of Native prisoners might be regarded as fixed rates without refee to the actual cost incurred, for the maintenance of the C and M. Station prisoners in the Central jail at Bangalore. This proposal was approved of by the Resident and his approval was communicated to the Durbar in the Asst. Resident's letter No. 2405⊗/5167 dy. 13-7-88. Since then the C and M. Station prisoners continued to be maintained in the Central jail, under that arrangement. But in January 1889, the Resident

Ltr. marked A

10

Resident pointed out to
the Durbar in his letter
No. 124/5167 dated 14th Jany 89,
that in the estimate ~~framed~~
framed for the maintenance
of the 6 and M. Station
prisoners ~~imprisoned~~ confined in
the Central Jail, no Set
off was allowed on account
of the value of the labor
of the prisoners and requested
upon that account reduction
in the fixed rates. This question
was referred to the I. G.
of prisons for opinion
and on receipt of his
opinion the Same was
communicated D. O to the
Asst Resident with the
Suggestion that the
existing arrangement
might continue. Thus,
Since July 1888, up to date,
the 6 and M. Station prisoners
are being maintained
in the Central Jail under
that arrangement & fixed
rates.

rates (Please see papers marked A and J.7 No. 285 of 1892 here-with put up).

2. All the Index books and and Registers were looked into. Ever since 1888 up to the date of the receipt of the present recommendation no proposal for any change in the diet has been received or sanctd. except the one sanctd. in Govt. Prov. No. 17736/J1104 dy. 18/4/95 (Sl. No. 5 in the linked file underneath). ~~The prov: was not communicated to the Residency.~~

Sanctd. in this case of BB 6/6/95 free in the Bungalow in Central Jail at the time was ordered also in entirety to the Superintendent and Shimoga Jail. That was all; the dietary applicable to the C.H. Ps prisoner was not interfered with.

If it is proposed to substitute oil for ghee, ~~a note~~ the fact may be intimated to the Resr.

In Progs No. 7394/J 0405 of 13-12-97, the Govt. however, observed that changes of diet should only be made upon express medical grounds. The reason now assigned for the proposed change is

*This seems advisable though not absolutely necessary.
(H. Org File 36/1897)

the "great difficulty in procuring
good ghee for the prisoners in the Jail,"
whereas "pure oil is easily obtainable"
and also "because it [i.e. ghee] does
not form an article of diet in any
of the British Jails."

Subd to Secy. 6/6/98

18
(No 9)
[Sts attached to letter dy 11.5.98]

Secy to Govt
11-6-98

11/6/98

9134/ The quantity of ghee
consumed annually is small
and the annual cost from
is less than Rs 30, and
as the prisoners have long
been accustomed to the
use of ghee tho' on a small
scale, and this extended
issue by the proposed
substitution of oil for ghee
is[2] at least Rs 170 per annum
it seems undesirable to
alter the present scale
by omitting the item of ghee
altogether. There might be
no difficulty in a place
like Bangalore in getting
good pure adulterated ghee
either as contract or from
the bazaars —

11 6 98

Supt-Genl
13/6/98

19

Subs

The Govt. in their recent order on Ser. (8) of J. 7/36 of 96-97 have observed that as the climatic conditions of Mysore vary so much from those of Madras that it seems undesirable to substitute the Madras for the Mysore scale of diet unless such change is recommended upon express medical grounds.

Now the I. G. of Prisons recommends the adoption in Mysore of the diet scale now in force in the Madras Jails for Europeans & Eurasians and adduces medical grounds for only an increase in the meals. (namely 3 ~~meals~~ instead of 2 as at present).

Comparing the two diet scales it is found that Potatoes (probably included under vegetables) Flour, Suet, Rolong or Sujji meal, Tea & Mint & Parsley do not find a place in the Mysore diet scale - Appendix J.

Further the increase of a meal would involve increase

Except in regard to meat diet the Mysore scale is liberal as compared with Madras

KK

the increase in cost and the cost per head of the European & East Indian Prisoners of the C. & Th. Station is already fixed.

P

BF
5/6/08.

Sub. to Secy.

It does not appear that the proposed change can be introduced without the previous consent of the Residency, and they may perhaps require also a fuller statement of the grounds for the proposal than is contained in the short letter from the G. of I.

AR 5/6/08

Sent No. 49

in No. 2405/5167 of 13-7-88 (& Africa)

from the Resident in reply to D Ewans letter No. 5 of this same file

13580

Read for Chance that

The change proposed cannot be introduced without the previous consent of the Residency, and they may perhaps require also a fuller statement of the grounds for the proposal than is contained in the short letter from the G. of I.

Please keep this for the next Q

11-7-08

Draft as submitted

8/7/08

Draft as submitted. AR 11/8.

OFFICE OF THE
1013
7 MAY 1897
OF MYSO...

Section Gen. 30 | 94-2
Serial No. 189
Date 1-91
Serial No 1.

From The Inspector General of Prisons in Mysore.

To The Chief Secretary to the Govt of Mysore. Genl & Revl Depts

Dated 5th May 1897.

Despatched

Received 7

General No. 768
No. J.

Enclosure No.

Recommends the adoption of the dietary in force in the Madras Jails as a tentative measure in lieu of those in use at present in the Jails at Mysore.

The proposal is not complete but necessary to enable a decision to be arrived at. Rice and ragi are the items in which a decrease in Mysore while no other item there is an increase.

Under Secy.

10/5/97

When the scale is complete the question of the sanction of the Govt of India will have to be obtained, and the Govt of India will probably call for a comparison of the proposed scale with the scale in force in other Jails, and for the reasons for deviations from the usual one.

Jno
7.5.97

13/5/97

Submitted for early attention Q.
13/5/97

14/5/97

No 768 — 27

Bangalore 5th May 1897.

GOVERNMENT OF MYSORE

From

The Inspector General of Prisons
in Mysore.

To

The Chief Secretary to the
Government of Mysore.
Genl & Revl Deptt

Sir.

Enclosures
to be Hindly returned.

I have the honor to forward for your information a copy of a letter from the Superintendent Central Jail, from which you will observe that he recommends that the dietary in force in the Madras Jails, should as a tentative measure be adopted in the Jails of this Province, his reason being that the dietary which at present obtains in the Jails of this Province is too good, and consequently too expensive, and he thinks that if the Madras dietary were adopted that not only would there be considerable saving somewhere about 2000 a year in the 3 Jails, but that the substitution would act somewhat as a deterrent. The cost of the Jails in this Province as compared with that in Madras and other Presidencies, is undoubtedly high, due to two main causes 1st the presence of a large Military Guard, (this in the new revision scheme has

been

been abolished 2nd by the Diets.

Provided that Prisoners are sufficiently fed to enable them to maintain their health and strength, there can be no objection in indulging them too liberal a diet, and though the Medical Officers of the Jails of Mysore and Shimoga do not recommend the change I, in my capacity of Sanitary Commissioner and Inspector General of Prisons am of opinion that taking all things into consideration, the change recommended by the Superintendent of the Central Jail is well worthy of adoption as a tentative measure for one year, and if at the end of that time no deterioration in the health of the Prisoners is noticed then it may be permanently adopted. In my opinion it is in one or two respects a far more suitable diet than that in use in our Jails, and is certainly a more economical one. Under these circumstances I have the honor to request that Government will approve of my suggestions and sanction the adoption of the dietary in the Madras Jails in lieu of those in use at present

I have the honor to be,
Sir,
Your Most obt Servant

Surgeon Lieut. Colonel
Inspector General of Prisons

W.Z.

24

Superintendent's Office
Bangalore Central Jail
23rd March 1877.

No. 1090

(1/a)

From
The Superintendent
Central Jail
Bangalore.

To
The Inspector General of Prisons
in Mysore.

Sir.

In reply to your docket No. 703-5 of 15th Instant, asking for my opinion as to whether it would be advisable to introduce the Diet Scale of the Jails in the Madras Presidency, into Their Provinces, I have the honor to refer you to my letter No. 1028 of 8th March/77 recommending that their diet scale should be introduced in lieu of the present one.

In making a rough comparison I find that the saving in adopting the Madras Scale would amount to some Rs. 70/- odd per mensem or from Rs. 800/- to Rs. 1000/- per annum but as the two scales are at present extremely diffecult to compare owing to the scales being for different termed Prisoners, the enclosed comparative statement cannot be thoroughly relied upon, but I am of opinion that if the Madras Presidency diet scale were practically

5

ticality introduced that the saving would be more than Rs 1000 per annum.

The Dietscale received with the letter under reference is herewith returned

I have &c.

(Signed) B. K. Sparkes

Superintendent

Central Jail

Copy

Surgeon Lieut. Colonel

Inspector General of Prisons

B.K.

Revised Diet Sc

Articles of diet	Convicts males Sentenced to Rigorous Imprisonment for 12 months and upwards (otherwise known as Central jail labouring Convicts)	Convicts, males, to Rigorous Im for less than and otherwise as District ring Convic
Ragi. Cholum or Cumbu (Sifted flour)	25 ozs. of either grain 5 days a week. 14 oz. of either grain on Wednesday and Sunday	25 oz of Either
Dal	4 oz 6 days a week 2 oz on meat day (Wednesday)	4 oz 6 days a 2 oz on meat da
Rice	12 ozs on Wednesday & Sunday	Ditto
Oil, Gingelly or Cocoanut	1/2 oz. daily	1/2 oz. dail
Tamarind	1/2 oz - do.	1/2 do - d
Salt	1 oz - do -	1 oz - d
Curry Powder	1/2 dr - do -	1/2 do - a
Vegetables	6 - do - do	6. do -
Onions	1/2 - oz - do	1/2 do -
Garlic	30 grains on meat day ie Wednesday	30 grains on day ie. Wedn
Meat or fresh fish or Salt fish	5 oz. without bone on Wednesday	5 oz without bone on W
	2 1/2 ozs. without bone on Wednesdays	2 1/2 oz. without b Wednesday

Vellore Central Jail
25th February 1897

15/8/97

True

Comparative Statement - Showing difference between the Diet Scale of the Madras Presidency and that of the Mysore Province.-

Names of articles	Quantity according Madras Scale			Quantity according to Mysore Scale.			Increase			Decrease			Amount as per Madras Scale.-			Amount as per Mysore Scale.-			Remarks.
	lbs.	oz	dr	lbs	oz	dr	lbs.	oz	dr	lbs	oz	dr	Rs	A.	P.	Rs	A.	P.	
Gingelly oil	398	"	8	148	"	"	250	"	"	"	"	"	86	"	7	32	"	"	
Salt	796	1	"	550	"	"	246	1	"	"	"	"	37	14	6	26	1	"	
Curry-powder	398	"	8	268	"	"	130	"	"	"	"	"	53	1	"	35	11	8	
Garlic	52	3	1	40	"	"	12	3	1	"	"	"	3	11	7	2	12	"	
Tyre	"	"	"	1020	"	"	"	"	"	1020	"	"	"	"	"	30	14	6	
Meat	298	10	10	896	"	8	"	"	"	597	5	14	45	15	2	137	13	7	
Ghee	"	"	"	63	"	"	"	"	"	63	"	"	"	"	"	27	"	"	
Rice	"	"	"	100	"	"	"	"	"	100	"	"	"	"	"	5	12	9	
				Approximate value.									226	11	"	298	1	6.	
																226	11	"	
	Approximate net Saving per month.															71	6	6.	
	Approximate net Saving for one year.												-	-	-	856	14	"	

Superintendent's Office
Bangalore Central Jail
dated 23rd March 1897.-

H H Sparks
Superintendent
Central Jail

GOVERNMENT OF MYSORE

21

20

189

(2)

From Section P & J

The ~~General~~ Secretary to the Government of Mysore.

File No 1-76

Serial No 2

To I. Genl of Prisons in Mysore

Dated 23rd July 1897

Despatched

Received

General No. 1334

J No. 138

Enclosure No.

His letter No. 768 of 5/5/97 recommending as a tentative measure, the adoption in the Jails of this Province of the dietary in force in the Madras Jails

With refce to the above has the honor to request that the I. Gl will be so good as to forward to this office for refce the correspondence relating to the last revision of the Scale of

of diet made by the
Inspector Genl of Prisons
with the sanction of
Govt. including the
opinion of Dr Molyneux
Item expunged by

B. C
CL
22/7/97

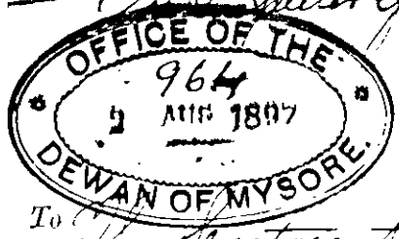
Secretary

CL 21/7/97

Issue
to Secretary in order
on this attached
item 22/7

J 189

Gen. 30] 917 189
Section
No 1-96
Serial No 3
From Director General of Prisons
in Mysore



To The Secretary to the
Government of Mysore
Genl & Revl Depts
Bangalore

Dated 30th July 1897

Despatched

Received 2-8-97

General No. 80
No. 7

Enclosure No. 12

Forwards correspondence relating to the last revision of the scale of diet made by the Inspr Genl of Prisons with the sanction of Government including Dr Ganu's opinion.

J 31/7/97

Rejes put up.
3/8/97

GOVERNMENT OF MYSORE

(3)

No 89

Bangalore 30th July 1897.

From

The Inspector General of Prisons
in Mysore

To

The Secretary to the
Government of Mysore
Genl & Revr Deptts

Sir,

As requested in your No: 1334/J 138 dated 23rd July 1897, I have the honor to forward for reference the marginally noted correspondence relating to the last revision of the scale of diet made by the Inspector General of Prisons with the sanction of Government, including the opinion then expressed by Doctor Mc Gann, and to — request

From Senr Surgeon Mysore Govt No: 1518 d/22nd Octr 1887 —
— To — The Senior Surgeon — do — No. 260 d/26th Octr 1887
— — The Supdt Central Jail Mysore & Shimoga Jails No: 261-63 d/28th Octr 1887
From The Supdt Shimoga Jail No: 766 d/25th Novr 1887
To do do — do — " 297 d/5th Decr 1887
From — do — Central Jail Bangalore No: 829 d/4th Decr 1888
To — do — do — do No: 627 d/12th Novr 1888
From — do — do — do No: 1483 d/9th June 1893
To — do — do — do No: 662 d/27th June 1893
" — do — do — do No: 667 d/22nd Decr 1894
From — do — do — do No: 882 d/5th Jany 1895
To — do — do — do " 727 d/23rd " — "
From — do — do — do " 978 d/25th — " — "
To — do — do — do " 758 d/30th — " — "
From — do — do — do " 1022 d/8th Feby 1895
To Supdts Mysore and Shimoga Jails No: 813-14 dated 15th February 1895
From Supdt Shimoga Jail No: 215 d/18th March/95
— " — Mysore — " — " 494 d/22nd Feby 1895
To Senior Surgeon Mysore Govt No: 945 d/25th March/95
From — do do No: 2225 d/26th " 1895
To Genl Secretary No: 984 d/9th April 1895
From — do — do No: 17736/J 1104 d/18th April 1895.

30

request that the same may be returned to this office when no longer required by you.

I have the honor to be,
Sir,
your Most obedient Servant.

Surgeon Lt. Colonel
Inspector Genl. of Prisons.

(8)

Revised — P.L.J.

No. Correspondence ending with letter No. 3814 dated 16th Nov. 1896 from the Registrar to the Insp. Genl. of Prisons in Mysore stating that the excess of cost per head of prisoners in Mysore, is under "Establishment" & "Rations", and ~~proposing~~, in view to reduce the general expenditure in jails, ~~that~~ the Jails at Shimoga & Mysore ~~may be converted~~ into subsidiary Jails, ~~that~~ the rules, ~~regarding~~ convict wardens, ~~which obtain in the~~ ~~Madras Presidency, may be~~ ~~adopted here~~ ~~and that as~~ ~~to Rations that as in~~ the Madras, ~~Rice~~ & type ~~be omitted~~ from the diet scale ~~of the Province~~ and

Issued 2 Copies

22-12-97

8193

22/12/97

Issued

22-12-97

Issue first, & then put up clean copy in file. 24/12/97

substitution of
and generally oil ~~substi-~~
~~tutes~~ for ghee, ~~but~~ the
purchase of grain in bulk,
the fixing of
and the price of articles
supplied to jails ~~by fixing~~
at the price of raw ma-
terials. ~~to be adopted~~.

~~2.~~ Letter No. $\frac{768}{J}$ of 5th
May 1897 from the Insp.
Genl. of Prisons in Mysore
stating that the dietary
in the jails in Mysore
is too good and ~~too~~
expensive and suggesting
that the Madras diet.
scale, which if adopted
would result in a saving
of nearly Rs. 2000/- a year
may be adopted tentatively
in lieu of that obtaining
in Mysore.

2. Letter No. $\frac{89}{J}$ of
30-7-97 from the Same
Office

33

Office forwarding correspondence relating to the last revision of the scale of diet in Mysore ~~containing the opinion of Dr.~~

~~Mr. Fraser~~

Order thereon No of 13-12-97

No 7394 & 13-12-97
8848 Rec. 16th

The Government consider any change in the diet scale undesirable unless it is recommended upon express medical grounds.

[illegible] - Secretary

The Inspector General of Prisons in Mysore returning the enclosures to his letter No 89 of 30-7-97.

34

(General Serial No. 30).

9146

E 134-3

1895

From

The ~~Registrar to the~~ J. G.
Inspector General of Prisons in Mysore.

No — 5

To

The ~~Chief~~ Secretary to the ~~Dewan~~ of Mysore.
Genl
General & Revenue Department

Dated 18th April 1898

Despatched

Received 19 —

Enclosures No.

General No. 685
J. J

Requesting sanction to substitute oil for ghee to prisoners in the Bangalore Central Jail as suggested by the Superintendent

Cr. 4
25/4/98

1888 -

With this change (1) in the dietary scale attd to the proceedings a C. Note also? Yes is proper when (2) what, & what is the annual quantity of ghee consumed annually at present (3) Cost as compared with the oil proposed &c—

On points 1 & 3 call for explanation — Jail Rules not available here.

As regards point 2, Jail Rules here.

Accountancy 4
29-4-98

Subd
1 & 3. (Please see reply rec. from the I.G. of Prisons — No. 772 of 11-5-98)
2. There are no proceedings. (Please see Secy's and Asst Secy's Notes on Sl.

Central Jail Press, Bangalore.—26-4-94.—500.
No. 5 within.
MB

Jrd
19.4.98
J.7 No. 36 of 1896-97 and Jail Manual put up. (Please see Appendix I page LXXXV in the Jail Manual for the revised table of diet)
MB
22-4-98

Subd

Subd & Secy
23/4/98

35

No 685 / J

Bangalore 18th April 1898

GOVERNMENT OF MYSORE

From

(9)

The Inspector General of Prisons

in Mysore.

To

The Secretary to the Government of Mysore

General and Revenue Departments

Sir,

I have the honor to State that the Superintendent Central Jail Bangalore, reports that there is a great difficulty in procuring good ghee for the prisoners in the jail, and Suggests the Substitution of oil instead, on trial, and requests that Sanction of Government may be obtained to the Same. as his Suggestion which meets with my approval

I have the hono to be,

Sir,

Your most Obedient Servant,

Surgeon Lt Colonel

Inspector General of Prisons

WRZ.

From
Section No. 9+2
Year 1896
To
Serial No. 96

10

36

The Inspector General of
Prisons in Mysore

Dated April 1898.
Despatched 22nd May 1898
Received
General No. 14325
No. 1482

Enclosure No.

His letter No. 685 dated
18th April 1898 reporting
that there is ~~a great~~ much diffi-
-culty in procuring good
ghee for the prisoners in the
Central Jail, Bangalore
and requesting
Sanction to Substitute
oil instead, on trial, as
~~Suggested by the Superintendent.~~

With reference to the
above, has the honor to
request the Inspector Gl
to be good enough to ~~him~~
furnish information on
the following points:—
(1) ~~With~~ Will the proposed
change in the dietary scale
apply to the prisoners of
the

the Land M. Station, Bangalore also?

(2) What is the average quantity of ghee consumed annually and its probable cost, as compared with the oil proposed to be substituted?

37

"B. O."

1st (in order) 30/4/18

Secy.

Subsidiary 20/4.

J 1442

(General Serial No. 30).

1898

From

The ~~Registrar to the~~ Inspector General of Prisons in Mysore.

38

To

The ~~Chief~~ Secretary to the ~~Dewan~~ of Mysore.
Genl
General and Revenue Department

Dated 11th May 1898.

Despatched

Received 13 ——

Enclosures No.

General No. 772
J. J

Forwards in original a Statement showing the actual quantity of Ghee consumed in the Bangalore Central Jail for one year from 1st Feby: 1897 to 31st Jany: 1898 and its cost as compared with the Oil proposed to be substituted as requested in his Dr. 14-325/1482 dated 3rd May 1898.

This office seems to know nothing about the Jail working of this institution. Where are the papers relating to the arrangement under which the Central Prisoners are confined in the Central Jail at Bangalore? And I understand that this is the first time that a change of diet has been sanctioned since the date of the above arrangement?

G
18/5/98

J 13/579 P
J.7 No. 362 18 Feb 99 put up.
BB
14/5/98.

Subst to Secy
17/5/98

Central Jail Press, Bangalore.—26-4-94.—500.

GOVERNMENT OF MYSORE

No. 772/J Bangalore 11th May 1878

From

The Inspector General of Prisons

in Mysore

To

The Secretary to the Government of Mysore

General and Revenue Departments

Sir,

With reference to your No. H 325 / H 182 dated 3rd May 1878, I have the honor to forward in original a Statement showing the actual quantity of Ghee consumed in the Bangalore Central Jail for one year from 1st February 1877 to 31st January 1878 and its cost as compared with the oil proposed to be substituted which shows a Saving of Rs. 170 10

2. The proposed change will also apply to the prisoners of the Civil and Military Station, as the

× Sl No 10

the Superintendent reports that it does not form an Article of diet in any of the British Jails.

I have the honor to be,

Sir.

Your Most Obedient Servant,

Surgeon Lt Colonel

Inspector General of Prisons.

Central Jail Bangalore

Statement Showing the actual quantity of Ghee Consumed in one year from 1st February 1897 to 31st January 1898 and its cost as compared with the oil proposed to be substituted

Months.	Quantity and value of Gingelly oil consumed in one year — Quantity lbs.	oz	dr	Rate per rupee lbs.	oz	dr	Value Rs.	A.	P.	Quantity and value of Ghee consumed in one year. Quantity lbs.	oz	dr	Rate per rupee lbs.	oz	dr	Value Rs.	A.	P.	Value of oil if issued instead of Ghee. Rs.	A.	P.	Savings that would be effected if oil be substituted for Ghee. Rs.	A.	P.	Remarks.
February — 1897	156	7	5½				33	13	3	62	11	8	—			26	6	6							The recommendation to substitute oil for Ghee has not been made with a view to cause a saving only but because it is so difficult to get unadulterated Ghee whereas pure oil is easily obtainable; and also because it does not form an article of diet in any of the British Jails! — √ Ghee.
March — "	174	5	1½				37	11	1	72	6	14				30	7	11							
April — "	168	7	"				36	6	8	73	7	6				30	15	2							
May — "	177	13	9				38	7	3	76	8	6				32	3	6							
June — "	174	9	1				37	11	11	77	4	2				33	8	7							
July — "	152	4	1	4	10	"	33	2	"	64	2	2	2	6	"	26	15	11	179	12	11	170	10	"	
August — "	160	12	10				34	12	3	64	15	2				27	2	9							
September — "	155	7	2				33	9	8	64	15	14				27	5	11							
October — "	171	9	"				37	1	5	65	6	14				27	8	10							
November — "	172	8	13				37	4	10	68	8	12				28	13	9							
December — "	183	4	2				39	10	"	71	15	14				30	5	"							
January — 1898	187	9	7				40	8	10	69	2	14				28	9	1							
Total.	2035	1	4				440	3	2	831	9	12				350	6	11							

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Central Jail
Superintendent's Office
Bangalore 7th May 1898.

Compared
[illegible]

H H Sparke
Superintendent
Central Jail.

Reading Section
Correspondence ending
No 1-9/1872 dated the 11th
Serial Matter No 9
with
May 1898 from the Inspector
General of Prisons in Mysore
recommending the substitution
of oil for ghee in the diet
issued to ~~the~~ prisoners of the
Bangalore Central jail.

Order thereon No. 16629/1648 dated 18-6-98.

The quantity of ghee in the Bangalore Central Jail consumed annually is small and the average cost per mensem is less than Rs 30; and as the prisoners have long been accustomed to the use of ghee though on a small scale and as the estimated savings by the proposed substitution of oil for ghee would

would only be about Rs 170
per annum, Government
deem it undesirable to alter
the existing dietary scale
by omitting the item of ghee
altogether. It is observed
that there ought to be no
difficulty in a place like
Bangalore in getting good
and unadulterated ghee
either on contract or from
the bazaars.

15/6/90
Secretary

"1st Cis order."

13/6/90

To
The I.G. of Prisons.

Signed 15/6/90

Copied
17/6

11472
29-5-00 1800

J 12 B

From The Inspector General of Prisons in Mysore.

Section PL 9

File No 1-96

To The Secretary to the Govt of Mysore.

Serial No Gen & Reve Depatt

Dated 26th May 1900

Despatched 28th —"— 44

Received

General No. 734

No. J

Enclosure No.

Recommends for the favorable consideration of Govtt the adoption in the Mysore Jails the diet scale now in force in the Madras Jails for Europeans and Eurasians.

Jmal
29.5.00

Submitted with
Yperuses. Govt 2/6/0

Jail for order in the
Mysore Jail as the
Jail code

5/6/1900

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From

The Inspector General of Prisons
in Mysore,
Bangalore.

13

To

The Secretary to the Government of Mysore
General and Revenue Departments,
Bangalore.

Dated 26/28 May 1900.

No. 734/J

Sir,

I have the honor to recommend for the favorable con-
-sideration of Government the adoption in the Mysore Jails,
the diet scale now in force in the Madras Jails for Euro-
-peans and Eurasians. It will be observed that this class
of prisoners in our Jails get only two meals a day, one at
9-30 A.M. and the other at 5 P.M., whereas those in the
Madras Jails get three, which I consider quite necessary
and reasonable as there is a break of 15½ hours between the
evening and the next morning meal in the Mysore Jails.

× Vide Rule 540 of the Provincial

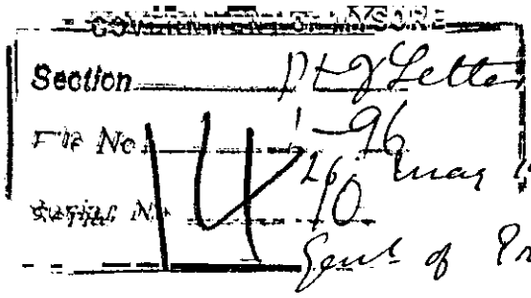
⊗ Vide Rules 428 and 448 of the Madras Jail Code

I have the honor to be,
Sir,
Your most obedient servant,

Lt.-Colonel., I.M.S.,
Inspector General of Prisons.

Dept as per memo No. 1. dt.

Read - 46



No 734/J dated 1st May 1900 from the Insp.-Genl of Prisons in Mysore, recommending the adoption in the Mysore Jails of the diet scale now in force in the Madras Jails for Europeans and Eurasians whereby they are given 3 meals a day instead of 2 as at present.

Order thereon - No: 2329/256 & 16-8-1900.

It is observed that the change proposed cannot be introduced without reference to the British Resident. The barber now receive a contract allowance for the accommodation & maintenance &c, of C. & Un. Convicts prisoners in the Central Jail with regard to Europeans & East Indians the fixed allowance is Rs. 120/- per head, per annum, which includes

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includes Rs. 79/- for Rations & Rs. 5/- for contingencies.

The Insp. Genl. of Prisons is requested to refer to the previous correspondence on the subject and to favor Govt. with his opinion as to whether, taking into consideration the high prices prevailing for the last 3 or 4 years, the fixed allowance is sufficient to cover the expenditure for the increase in the number of meals proposed to be given per diem.

Secretary

15/6/[illegible]

To The Insp. Genl. of Prisons in Burma.